

**PEORIA PARK DISTRICT
ADULT OUTDOOR SOCCER LEAGUE
Spring/Summer 2025**

SECTION I - General Information

1. The purpose of this soccer program is to provide recreational activity for those interested. Recreational soccer is for fun and not serious competition. It is playing soccer to have a good time, improve skills and socialize within and between organized teams. It is meeting new people and learning new skills. It is sharing your expertise with your fellow teammates and fellow league mates. It is being a team player and not an individual. It is playing fair and acting as a good sport at all times. It is being generous when you win and being graceful when you lose. It is obeying the referees and accepting their decisions. It is promoting the enjoyment of soccer for all.
2. The program is administered by the Peoria Park District Athletics Department, located at Lakeview Recreation Center at 1013 W. Lake Ave., Peoria, IL 61614. The telephone number is 681-2866.
3. The official **2025 FIFA** Soccer Rules will govern all league play unless otherwise amended in the attached house rules.

SECTION II - Registration

1. All players **must be at least 18 years of age by May 4, 2025 for Co-Rec League.**
2. Each team and/or individual player is responsible for their own insurance, as the Peoria Park District does not provide coverage for participants in the sports programs.
3. League Fees: Co-Rec Outdoor League - \$335.00 per team
4. All players must be listed on a team roster sheet in order to be eligible for league competition. Player addresses must be listed as well as a signature from all of the team members. **All fees and team rosters must be submitted by 4:30pm on Friday, April 25, 2025.**
5. Team rosters will be limited to 14 players, unless otherwise approved by the Athletics Department. New players may be added to the roster after season play has started, provided that the player has signed the roster for that team. All players must be added to the team roster and have their player sign the waiver.

SECTION III - Season Length/Game Times/Duration/Standings

1. Season will consist of a seven game schedule.
2. Co-rec games will be played Sunday afternoons between 12:00 - 6:30pm at Detweiller Park.
3. Each team will be scheduled to play one game per afternoon. A game is scheduled for one hour in length. NO STANDINGS will be kept.
4. A maximum of seven players on the field including a goalie (**minimum two women** for Co-Rec League), Teams may not start or continue a game with less than five players.
5. A coin toss will be made prior to the start of the game. The team winning the toss will have choice of side of the field to defend. Teams will switch sides of the field after half-time.
6. Games will consist of 30-minute halves.

7. Cancellations may be made due to inclement weather. A cancellation will be made by 12:00pm, on the day of play. Team managers are responsible for signing up for text alerts by texting **ASOCCER to 1-844-394-4599**.

SECTION IV - Team Responsibilities

1. All players are **REQUIRED** to wear shin guards to prevent injuries.
2. Players may wear soccer cleats or tennis shoes for league play. Cleats must be rubber or hard plastic, no metal cleats allowed.
3. Alcoholic beverages should not be present at a game. The Peoria Park District does not permit alcoholic beverages at any Park District soccer field.
5. Each team cleans up/picks up the field and surrounding area after each game.

SECTION V - Sportsmanship

1. Each manager will be held directly accountable for the conduct of his/her team and is responsible to see that all program objectives and rules are observed. **The manager must maintain complete control of himself/herself and team members at all times.**

Referees and their decisions will be respected and not interfered with at any time. Unsportsmanlike conduct or other serious violations will not be tolerated.

The manager has many responsibilities. The key to a successful program is in the hands of the manager and in turn, his/her players. Good leadership will ensure a good program.

2. The manager is the only team member that may ask the referee for an interpretation of a rule. The referee cannot be questioned on a judgment call.
3. We desire the best program possible for all interested persons, and only proper conduct and attitude of the participants can in turn ensure a wholesome program. We expect the cooperation of all those participants in the program and will not let it be spoiled by a few.

SECTION VI - Field Rules

Standard FIFA rules with the following highlights, exceptions and general rules of conduct:

1. No jewelry, hard cast, braces with exposed metal or any equipment that the referee deems dangerous to any player.
3. **No slide tackles.** Penalty for infraction: 1st offense – yellow card plus direct kick; 2nd offense - red card plus direct kick. The referee has the discretion to issue a red card on any play if warranted. If no opposing player is within a reasonable distance of a slide, it is not considered a slide tackle.
4. NO sliding to make a play on the ball when people are present. To avoid any collisions or dangerous play please avoid going to your feet to make a play on the ball.
5. No touching or harassing the goalie. Penalty for infraction: 1st offense - verbal caution to player plus indirect kick to opposing team; 2nd and subsequent offenses - yellow card to player plus indirect kick. The referee has the discretion to issue a red card if warranted.
6. Goalie may be either gender. Goalies may **NOT** kick/punt or throw the ball past the midfield line in the air. Doing so will result in an indirect kick for the opposing team at half field.

7. **There will be NO offsides in this league.**
8. Standard FIFA rules apply to goalies. Penalty for infraction: - indirect kick.
8. A female player must take all **penalty kicks** assessed.
9. Any player receiving a Red card must sit out for the remainder of that game and the team's next scheduled game. Any player receiving two yellow cards in the same game must follow the same rule as if a Red card were issued. **PLAYERS EJECTED FROM THE GAME DUE TO A RED CARD CANNOT BE SUBSTITUTED FOR.** The team must play short-handed. If the team loses a female due to a red card and has no female sub, that team will forfeit the game.
10. Substitutions -

You **MAY** substitute players at the following times:
 - a. On a throw-in by your team
 - b. On a goal kick by either team
 - c. On any kickoff
 - d. For an injured player on your team
 - e. To replace a player receiving a yellow card
 - f. At the referee's discretion
The players substituting must be ready to come onto the field (no delaying the game while players remove their sweats, etc.) All teams must have at least two women on the field at all times.
You **MAY NOT** substitute players during the following times:
 - a. On a throw-in by the opposing team
 - b. On any direct, indirect or penalty kick
 - c. For players ejected because of a red card
 - d. On any corner kicks
 - e. On a drop ball
 - f. Due to an injury on the opposing team
11. Managers and the referee will discuss ground rules prior to the start of all games.
12. **Referee's decisions will be final.**

SECTION VII - Basic Fouls Reference

Below are the standard fouls in soccer. They are for your reference. Please read the FIFA "Laws" of the Game for the textbook descriptions. Please note that the fouls are interpreted by the referees and criteria such as intent, severity, etc., are applied by each referee on an individual basis.

Five minor fouls

Below are the five minor fouls. The penalty for committing any of these is an indirect kick by the opposing team. If any of these fouls occur in the opponent's penalty area, it is still just an indirect kick (not a penalty kick). The referee signals an indirect kick by keeping his or her hand raised in the air until the ball is touched by a second player on the field (the "free kick" is called indirect meaning that a goal cannot be scored directly, the ball must be touched by a second player first).

1. Obstruction - blocking an opponent from playing the ball when you are not attempting to play the ball yourself.
2. Dangerous play - playing in a manner considered dangerous by the referee (i.e. putting your foot too high next to a player that might cause an injury; you can also put your head too low next to a player and be guilty of a dangerous play).
3. Charging fairly (shoulder to shoulder) when the ball is not in playing distance.
4. Charging the goalie when the goalie does not have possession of the ball.
5. Taking more than six seconds to put the ball back into play if you are the goalie.

Nine major fouls

Below are the nine major fouls. The penalty for committing any of these is a direct kick by the opposing team. If any of these fouls occur in the opponent's penalty area, a penalty kick is awarded to the opposing team. To make it easy to remember them, there are four by the hands, three by the body and two by the feet.

1. Major fouls by the hands (4)
 - a. Handling the ball (unless you are the goalie within the penalty area).
 - b. Pushing or shoving an opponent.
 - c. Striking, spitting on or verbal abuse of an opponent.
 - d. Grabbing an opponent.
2. Major fouls by the body (3)
 - a. Jumping an opponent.
 - b. Charging an opponent from behind.
 - c. Charging an opponent in a dangerous manner (e.g. at high speeds).
3. Major fouls by the feet (2)
 - a. Kicking an opponent.
 - b. Tripping an opponent.

SECTION VIII - Protests

1. No protest shall be considered unless it involves a question of eligibility or misinterpretation of the rules. Judgment calls can't be protested.
2. The notification of intent to protest must be made immediately before the next play to the referee, and then the protest must be submitted in writing by the official representative of the team and presented to the official within 15 minutes upon completion of the protested game.
3. All protests regarding rule interpretation are governed by the Athletics Department.

SECTION IX - Items provided by the league

1. One referee for each game.
2. A game ball for all teams to use on the day of the game.
4. First aid kit and extra ice packs will be available at the fields if needed.

Peoria Park District Code of Conduct:

1. Understand and abide by the rules of the game.
2. Respect the integrity and judgment of court monitors and Peoria Park District staff. Abuse of officials and staff will not be tolerated.
3. Respect your opponent and congratulate them in a courteous manner following each match whether in victory or defeat.
4. Be responsible for your actions and maintain self-control.
5. Do not taunt opponents and **refrain from using foul or abusive language.**
6. Team names and/or uniforms shall not contain profanity or explicit material. Peoria Park District reserves the right to reject any team name or offensive apparel.
7. Fighting or any other act of violence will result in suspension from the remainder of the season schedule.
8. Anyone who is ejected from a match will automatically be suspended for the team's next match, including playoffs.
9. Any player judged by Peoria Park District staff to be under the influence of alcohol or drugs will be asked to leave the facility.



Peoria Park District
2025 Spring Adult Co-Rec Soccer
Registration Material



Registration:

Deadline: **Friday, April 25, 2025 4:30pm** at Noble Center, or UNTIL LEAGUE FILLS.

SEASON STARTS SUNDAY, May 4, 2025 at Mossville Soccer Complex or Detweiller Park.

1. Team fees and rosters are due to the Recreation Office before the first scheduled game. Rosters must have a minimum of 5 players (2 females) and a maximum of 14. New players may be added to the roster after season play has started, provided that the player has signed the roster for that team. All players must be added to the team roster and have their player sign the waiver.
2. All players **must be at least 18 years of age May 4, 2025** and be listed on a team roster in order to be eligible for league competition. Player addresses must be listed as well as a signature from all of the team members.
3. Each teams and/or individual player is responsible for their own insurance, as the Peoria Park District does not provide coverage for participants in the sports programs.

2025 Fees:

- **\$335.00 per team for "A", "B" and "C" Divisions**
- **\$25.00 Late Registration Fee (After April 25)**

Location:

The Adult Spring Co-Rec Soccer League will be played on Sundays between 12:00pm and 6:30pm at **Detweiller Park**

Leagues:

- "A" Division – For those teams with more advanced or highly qualified players who play year around
- "B" Division – For those teams with a mixture of advanced and recreational players
- "C" Division – For those teams with predominantly recreational players

(PPD reserves the right to combine leagues based on registration numbers)

Manager's Notes:

1. The season is scheduled to begin **Sunday, May 4, 2025**
2. Team captains will be contacted and schedules will be emailed to them prior to the first scheduled game.

For more information, contact 309-681-2866 or
Email: wkellogg@peoriaparks.org