

Owens Center AHL 2018-2019

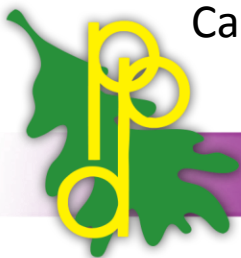
Section One: League Guidelines and Format:

1) General Guidelines

- a) This is a *No Check* recreational adult hockey league.
- b) USA Hockey Rules will be followed with the exceptions, inclusions, and provisions outlined in this rulebook. In the event of a rule conflict, the rules provided herein will be considered official.
- c) All players must be age eighteen (18) years or older by the day of the first game of play for the season. Players age sixteen (16) and seventeen (17) may play if they have a parent / guardian on the team.
- d) All players must be registered for the league with fees paid in full and waivers signed prior to play.
- e) Players are defined as any person who plays in the league in any position.
- f) Skaters are defined as any person playing Wing, Center, or Defense.
- g) Goalie refers to any person utilizing goalie pads and equipment. Skaters may only register and play for one (1) team. Players who would like to register as a Skater on one team and Goalie on another may but cannot play as a Skater for the team they are registered as Goalie.

2) League Governance

- a) League Commissioner: Management of Owens Center shall be considered the League Commissioner. His/her/their ruling on any league issue shall be considered final.
- b) On-Ice Officials: Employed by Peoria Park District, the On-Ice Official shall have sole responsibility of making calls and interpretation of rules affecting a game in play. Any calls made by an On-Ice Official during the course of a game made in good faith based on their interpretation of USA Hockey Rules and the League Rules herein are not reversible.
- c) Team Captain: Each team is required to have a Team Captain and declare the Captain to the League Commissioner by game 2 of the season. The Captain will be considered the representative of the team. All communication between the League Commissioner and the team shall be conveyed through the Team Captain.



d) Teams: Players on a team who are not the Team Captain may communicate with the League Commissioner pertaining to themselves; however, any issue in which involves a teammate, the team as a whole, another team, or the league as a whole should only be presented to the League Commissioner by the Team Captain.

3) League Fees

a) Registration forms will not be accepted without payment in full. Any registration form sent to or left with Owens Center without payment in full will not be processed for any reason.

b) The deadline for payment at the lower early registration rate will be 4:30pm on the date listed on the registration form. Any registration received after this deadline will be charged \$25.00. If a registration is received via mail or left at Owens Center after this deadline without the \$25.00 fee, it will be considered not paid in full and will not be processed. Summer fee varies.

c) Any registration received by Owens Center more than 7 days after the early registration date listed on the registration form will be automatically waitlisted. The League Commissioner will place this player on a team based on availability. Roster requests for any registration received more than 7 days after the early registration deadline will not be considered in team placement.

d) Ex-Professional players must be a minimum of two (2) years removed from play to be eligible to play in the Adult Hockey League unless playing at the highest level with approval.

4) League Format

a) Open Division:

i) Players playing for the Open Division may play for any one (1) team they would like. After the first few weeks of play, teams will be flighted based on league population and skill variance at the discretion of the League Commissioner. Below is the minimum breakdown although there could be more divisions if league population allows.



(1) A/Draft Division: Comprised of advanced and highly experienced players. Players who have played at the Junior, College, Semi-Pro, or Professional levels will be considered an 'A' level player.

(2) B Division: Comprised of Intermediate or Average Skilled players. Players who have a solid understanding of the game would be considered experienced but not at the Junior or College levels or higher will be considered a 'B' level player.

b) C Division:

i) Roster will not be accepted in this division. The League Commissioner will draft this league comprised of players who have never played the game or have only played for a few years based on observations during the C Division Skill Evaluation Skate a few weeks prior to Winter Season start. Any player who took up hockey as an adult with no previous hockey experience will be considered a 'C' level player. **Summer league is open registration for those who played in the C Division the previous Session.**

c) Rosters:

i) Each player registers for the Owens Center Adult Hockey League individually. Roster and Carpool requests will be considered by the League Commissioner from the first day of registration through the 7th day after the early registration date.

(1) A roster will be considered full with sixteen (16) skaters and two (2) goalies. Any roster that is not full is subject to individual player placement by the League Commissioner.

ii) Rosters will only be considered in the A and B Divisions for the winter season.

iii) All players on the roster must sign the game day roster sheet prior to the start of the game. If a player arrives after the start of the game, he/she must check-in with the On-Ice Official and sign the game day roster sheet prior to first shift of play. Any player who plays without signing the roster sheet will be ejected and his/her team will be assessed a double bench minor penalty.



iv) Teams using players who are not registered for the Adult Hockey League will be charged a forfeit with a score of 1-0 and disqualified for the playoff for first offense, and expelled from the league for second offense.

v) Game day rosters may include a maximum of 2 substitute skaters. Game day rosters that include substitute players may not exceed a total of 10 skaters at anytime during the course of the game.

vi) Should the League Commissioner or On-Ice Official have a question about a player's identity, that player shall immediately show proper identification. Failure to do so will result in removal from game day roster and ejection from the game.

vii) The League Commissioner reserves the right to refuse any player on any team if it is determined that their talent exceeds the level of the division.

viii) Players registered and listed as Goalies on the roster may not play in any game as a Skater.

d) Substitute Players:

i) Teams who have nine (9) or fewer skaters available to play may use substitute skater(s) up to ten (10) skaters. Rosters of any size may utilize a substitute goalie approved by the League Commissioner. Substitute skaters will not be permitted during the Playoff Tournament. **Any team using a player not registered in the league will be suspended from tournament games and possibly remainder of season.**

ii) No more than two (2) substitute skaters may be used for any game.

iii) The opposing team may protest substitute players.

(1) Teams wishing to protest a substitute player on the opposing team must do so prior to the first face off. The Team Captain will present the protest to the On-Ice Official prior to game start. After the first face-off, all substitute players are considered approved and any protests presented after this point or after the game will not be considered.

(2) Protested substitute players will not be allowed to play and must leave the ice immediately.



iv) Substitute skaters must:

- (1) Be registered and paid in full for the Owens Center Adult Hockey League.
- (2) Be rostered on a team in the same division or lower for which they are a substitute.
- (3) Not be under suspension.
- (4) Approved by the opposing team.

v) Substitute Goalies Must:

- (1) Be registered and paid in full for the Owens Center Adult Hockey League.
- (2) Be reported to the League Commissioner for approval prior to start of game.
- (3) Be rostered on a team in the division which they are a substitute but upon approval from League Commissioner may be from a different division.
- (4) Not be under suspension.

e) Game Length:

- i) One (1) hour and fifteen (15) minutes of ice time per game.
 - (1) Three (3) periods each twenty-two (22) minutes running clock.
 - (2) Three (3) minutes allowed for warm-up and between each period.
 - (3) No Timeouts.

f) Game Schedules:

- i) Majority of games will be scheduled on Sundays but may be scheduled on alternate days based on ice time availability. **Week Night Games May be Scheduled....**
- ii) Games will start on time at their scheduled times. Teams should be ready to play at least ten (10) minutes prior to ensure an on-time start.
- iii) Owens Center may be required to reschedule games if an ice time conflict arises.
- iv) League Commissioner reserves the right to refuse any requests from teams to reschedule games due to player scheduling conflicts.



g) Officials:

i) There will be a minimum of one (1) on-ice official for each game. Two (2) on-ice officials will be scheduled for each game based on availability.

ii) Verbal and/or physical abuse of officials **will not be tolerated**. On-Ice Officials are encouraged to penalize offending players however they see fit including misconduct penalties and ejections for first offense.

h) Equipment and Uniforms:

i) All players must adhere to USA Hockey regulations regarding equipment and must wear the following:

(1) HECC approved helmet with chinstrap

(2) Shoulder Pads (*optional*)

(3) Elbow Pads

(4) Shin Guards

(5) Hockey Gloves

(6) Hockey Pants

(7) Hockey Skates

(8) Protective Cup

(9) Facemasks are optional for all players age eighteen (18) or older.

ii) Uniforms

(1) All players should wear like color jerseys with a unique number on the back. No two (2) players on a team may have the same number.

(2) Jersey numbers should match number recorded on game day roster sheet. In the event a team must wear an alternate jersey, every players number must be recorded and listed on the game day roster prior to game start.

(3) Players without a correct number on their jersey will not be allowed to play.

iii) Forfeits

(1) Teams must have a minimum of 4 skaters and 1 goalie at the scheduled start time to play. If at any time during the game a team cannot have at least 3 skaters and 1 goalie on the ice due to penalties or injuries etc., the game will be called and the opposing team will be declared the winner, 1-0, regardless of score.



(2) Should a game be declared a forfeit for any reason that is not considered penalty related, both teams may stay on the ice and play a pick-up game or practice. If a game is declared a forfeit due to too many penalties or other penalty related cause, the offending team must leave the ice immediately. The players from the opposing team may use the rest of the ice time to play a pick-up game or practice.

(3) Any team who **forfeits two (2) games** for any reason will be disqualified from the Playoff Tournament

iv) Playoff Tournament: **Winter Only (Possible 2019 Summer Tourney)**

(1) A Playoff Tournament will be held at the conclusion of the Winter Season. Format of the tournament is subject to change based on league population and will be announced by the League Commissioner near the end of the season. Playoff Tournament rules will be based on USA Hockey and League Rules but may contain specific amendments. In the event of a conflict between Regular Season Rules and Playoff Tournament Rules, The Playoff Tournament Rules will be considered official.

Section Two – Rules of Play:

1) General Playing Rules

a) USA Hockey Rules will be followed with addition to league specific house rules.

b) Off-sides will be delayed until all players from offending team vacate the attacking zone.

c) Icing will be automatic with no touch up required.

d) All Game Misconducts and Ejections will be reviewed by League Commissioner. Offending players must call the League Commissioner for incident review before 4:00pm on the Wednesday following the game or before playing in their next game if before Wednesday. Failure to make this call will result in an automatic one (1) game suspension.

e) Zero Tolerance Strictly Enforced – One warning and suspensions will be given!



2) Penalty Times

a) Minor Penalty: 3:00

b) Double Minor: 6:00

c) Major: 7:00

d) Misconduct: 14:00

e) Penalty times are in running clock time. On-ice official will inform the offending player(s) and/or team of the penalty end time on the clock.

3) Owens Center Adult Hockey League Specific Rules

a) Game Day Rosters:

i) All players must sign the game day roster sheet. Failure to do so will result in penalty.

(1) First Offense: Game Ejection and Double Bench Minor (6:00 minutes)

(2) Second Offense: Game Ejection, Double Bench Minor (6:00 minutes), 2 game suspension.

(3) Third Offense: Expulsion from the league. No refunds given. Team disqualified from Playoff Tournament.

(4) Teams who are penalized 5 or more times for a player(s) not signing the game day roster will be disqualified from the Playoff Tournament.

ii) **Players registered as Goalie may only play as a goalie.** Goalies found playing as a skater will be subject to one (1) game suspension and his/her team will forfeit the game and immediately leave the ice.

b) Penalties in a Game;

i) Excessive penalties in a game will lead to further disciplinary action.

(1) Player who receives 3 or more penalties in a game will also be ejected from the game.

(2) A team who receive a total of 12 or more penalties will immediately forfeit the game and leave the ice. The opposing team will be declared the winner 1-0 regardless of score.



c) Drugs and Alcohol:

i) Use of alcohol or illegal drugs is prohibited in all Peoria Park District Parks. *Owens Center is a Peoria Park District Park.*

ii) Violation of this law carries heavy fines (\$225.00 plus) and possible jail time.

iii) If any member of Owens Center staff smells alcohol on or believes any player to be under the influence of any drugs or alcohol, he/she will not be permitted to take the ice or ejected from current game, minimum of one (1) game suspension, and the police will be called.

d) Checking:

i) This is a *No Check* league. Body contact is a natural unavoidable part of hockey and is allowed.

(1) **Body Checking** – Body Checking is defined as an individual defensive tactic designed to separate the puck carrier from the puck. This tactic is the result of a defensive player (player without the puck) applying physical extension of the body toward the puck carrier, by using his hip or body from the front, diagonally from the front, or straight from the side.

ii) Body checking shall carry a minimum of a minor penalty although On-Ice Officials may assess further penalties for repeat offenses or based on severity.

e) Game Ejections:

i) Any player who is ejected from a game must immediately leave the ice and go to his/her team assigned locker room.

ii) Ejected players may not be a spectator in the rink anywhere. Ejected players may watch the remainder of the game from the lobby if he/she can be respectful and silent.

iii) Ejected players who cause a disruption in other areas of Owens Center will be asked to leave the facility.

iv) Any player who is ejected from three (3) games will be suspended from the remainder of the season with no refund regardless of the severity of the offense.



f) Fighting & Misconduct Penalties

i) Fighting & all misconduct penalties will be subjected to further review by the League Commissioner.

ii) All players who receive a fighting or misconduct penalty will be suspended indefinitely until the offending players call the League Commissioner for incident review before 4:00pm on the Wednesday following the game or before playing in their next game if before Wednesday. Failure to make this call will result in an automatic one (1) game suspension.

iii) All fighting/misconduct penalties will carry a minimal one game suspension up to league expulsion with no refund.

iv) Instigating a Fight

(1) Any player who drops his/her gloves or otherwise attempts to instigate a fight will be immediately ejected and serve a minimum of one (1) game suspension and may be subject to further penalties by League Commissioner.

v) Leaving the Bench, Penalty Box, Third-Man-In

(1) Any player who leaves the player bench or penalty box during an on ice altercation will be immediately ejected from the game and subjected to further review by the League Commissioner.

(2) Any player who intervenes in an altercation shall be ejected from the game may be subject to further penalties by League Commissioner. Note: a fighting penalty does not have to be called for the On-Ice Official to call a Third-Man-In penalty.

g) All Other Penalties:

i) All other penalties defined by USA Hockey will be called at the discretion of the On-Ice-Official according to their training based on severity of the incidents. Penalty times listed herein are to be considered a minimum guideline.

ii) League Commissioner reserves the right to add additional penalties to any incident after the fact upon review.

