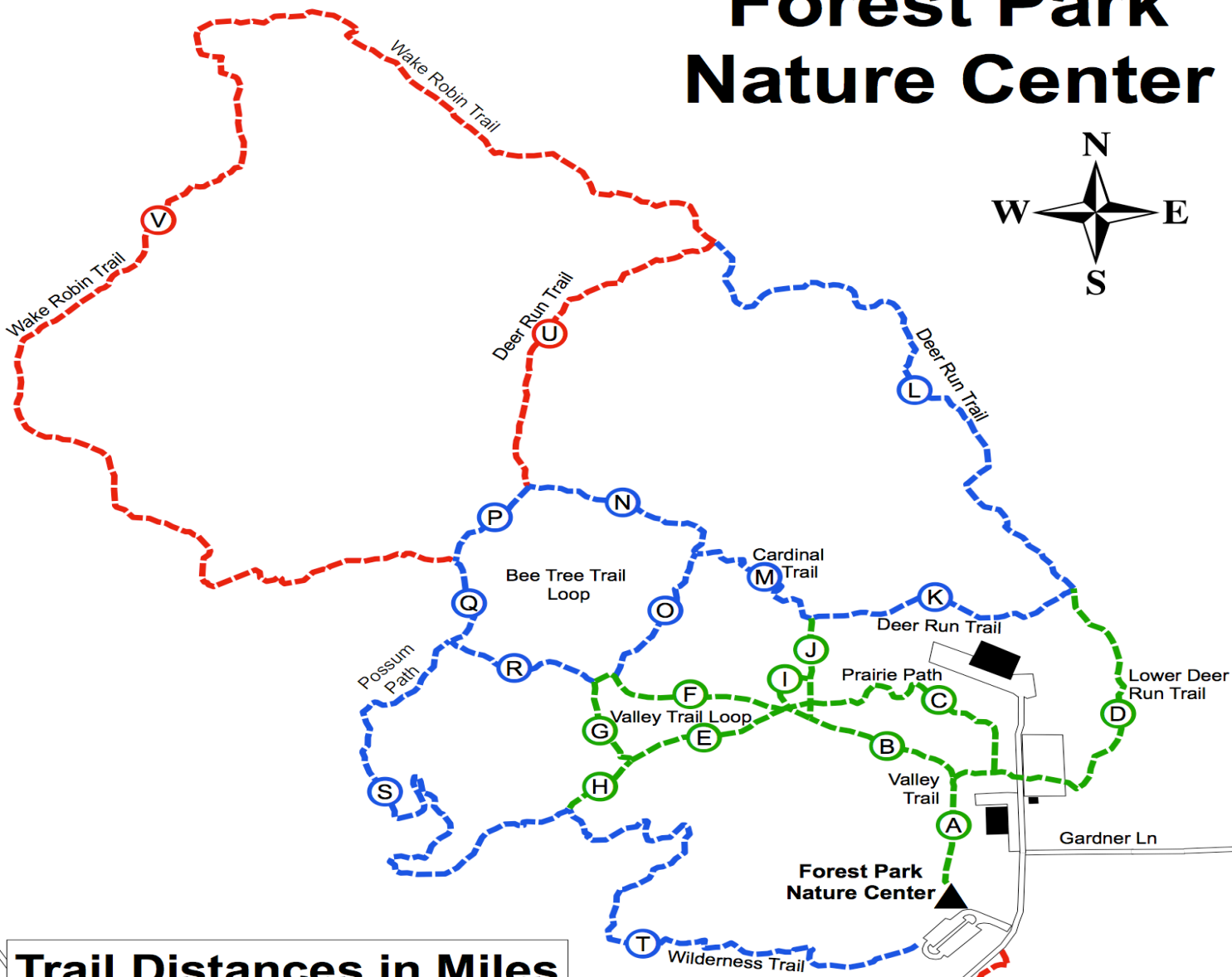


Forest Park Nature Center



Trail Distances in Miles

A	.11	K	.20	U	.30
B	.10	L	.42	V	1.31
C	.17	M	.14	W	1.25
D	.30	N	.14		
E	.10	O	.13		
F	.11	P	.08		
G	.08	Q	.08		
H	.06	R	.11		
I	.04	S	.49		
J	.09	T	.54		



Difficulty Rating

Ratings based on length of trail and challenge of terrain

----- Easy

----- Medium

----- Hard